

THE GIFFORD SCHOOL LUNCH MENU

Please post in all classrooms.

MONDAY

Week of 11/5/18

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Pasta with Salami, Peas & Herb Butter	Pasta with Broccoli, Artichokes & Herb Butter			Snow Peas & Carrots	Peaches with Cinnamon Crumble

TUESDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
BBQ Pulled Pork Sandwich	Polenta with Butternut Squash & Cranberries	Cream of Broccoli		Zucchini Medley	Cantaloupe

WEDNESDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Chicken with Pesto	Leek & Blue Cheese Tart			Green Beans	Strawberries

THURSDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Turkey Taco Rice Bowl	Spicy Black Bean & Jicama Rice Bowl	Tortilla Soup		Three Bean Salad	Fig Newtons

FRIDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Beef Gyros with Tzatziki Sauce	Swiss Chard & Tomato Frittata			Vegetable Medley	Jell-O

Sandwich of the Week:

Bologna & Cheese

Daily Lunch Options:

Turkey & Cheese Sandwich, **Peanut Butter & Jelly**, Salad Bar (with/without Grilled Chicken)

Common Daily Allergy Alert for Current Menu: Peanut Butter & Jelly - SunButter is available on request
All Sandwiches can be made gluten-free. Please ask the kitchen if other items can also be made gluten-free.

Daily Breakfast Options:

Yogurt, Cereal, Fresh Fruit

Before placing your order, please inform your server if a person in your party has a food allergy.