

THE GIFFORD SCHOOL LUNCH MENU

Please post in all classrooms.

MONDAY

Week of 2/12

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Chicken Broccoli Alfredo with Pasta	Broccoli & Artichoke Alfredo			Mixed Vegetables with Peas	Peach Cup

TUESDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Beef Shepard's Pie	Root Vegetable Pot Pie with Parsnips & Pickled Cranberry			Zucchini with Pesto	Grapes

WEDNESDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Pork Lo Mein	Vegetable Lo Mein with Tofu	Hot & Sour Soup		Stir-fry Veggies with Ginger	Double Chocolate Cake

THURSDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Beef Gyros with Tzatziki Sauce	Bulgur Wheat with Black Beans, Cumin & Pickled Jalapenos			Glazed Carrots	Cantaloupe

FRIDAY 1/2 Day Dismissal

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Meatball Sub	Spinach Risotto			Vegetable Medley	Popsicles

Sandwich of the Week:

Ham & Cheese

All Sandwiches can be made Gluten-Free. Please ask the kitchen if other items can also be made Gluten-Free

Daily Lunch Options: Daily Common Allergy Alert: Peanut Butter & Jelly - SunButter is available on request

Turkey & Cheese Sandwich, Peanut Butter & Jelly, Salad Bar (with/without Grilled Chicken)

Daily Breakfast Options:

Yogurt, Cereal, Fresh Fruit

Before placing your order, please inform your server if a person in your party has a food allergy.