

THE GIFFORD SCHOOL LUNCH MENU

Please post in all classrooms.

MONDAY

Week of 5/14/18

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Baked Ham Dinner	Bulgher Wheat with Black Beans, Cumin, Jalapenos & Lime			Spring Pea Medley with Mint	Peach Cup

TUESDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Cuban Sandwich – Ham, Roast Pork, Swiss Cheese, Mustard & Pickle	Artichoke & Leek Quiche		Sun Chips		Pineapple

WEDNESDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Spring Pasta with Asparagus, Ricotta & Sundried Tomato				Green Beans	Honeydew Melon

THURSDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Chicken Cutlet with Bacon & Cheese	Baked Stuffed Tomato with Orzo, Feta & Oregano			Glazed Carrots with Herbs	Oreos

FRIDAY

Entree	(Veg) or 2 nd Entree	Soup	Side	Vegetable	Dessert
Beef Gyros with Tzatziki Sauce	Spinach Risotto with Fennel			Vegetable Medley	Pudding Cup

Sandwich of the Week:

Roast Beef & Cheese

Daily Lunch Options: *Common Daily Allergy Alert for Current Menu: Peanut Butter & Jelly - SunButter is available on request*

Turkey & Cheese Sandwich, Peanut Butter & Jelly, Salad Bar (with/without Grilled Chicken)

All Sandwiches can be made Gluten-Free. Please ask the kitchen if other items can also be made Gluten- Free

Daily Breakfast Options:

Yogurt, Cereal, Fresh Fruit

Before placing your order, please inform your server if a person in your party has a food allergy.